



Social Planning Council of Peel

THRIVE WORKSHOP

HEALTHCARE: WHATS GETTING IN THE WAY?



About The Facilitator:

Harleen Kaur is a Social & Community Development professional and Researcher who is passionate about health equity, community well-being, and empowering diverse communities.

What You Will Gain:



Learn about helpful resources for newcomer families



Build confidence navigating the healthcare system in Canada



Connect with community supports and services



Gain practical information to support your family



SATURDAY SEPT 19TH 2026



2:00 PM – 5:00 PM



communityharmonyyouth@spcpeel.com
(905) 629-3044



Sheridan College
7899 McLaughlin Rd, Brampton
ON L6Y 5H9
Room C217
(Free Parking)



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